Student story 9

As everyone from my school, and Mrs Walker* know, the past 12 months I’ve gone through a lot of stuff in my own life. And it got to the point where I wasn’t myself anymore and I was finding it really hard to acknowledge people and just kind of didn’t want to talk to many people. And the values project helped me realise that I can’t go through life being like that, and I have to let things go. And it helped me realise that it does help to talk to other people and you don’t have to do things by yourself; people are there. And like, some of the activities we did helped me find who I was as a person again and realise that I can go on with my life without like – let go of a lot of the stuff that happened in my life and start fresh.

And working with the primary schools made me realise that they’re exactly how I was, not a care in the world and just like, they are so bright, and smart, and they know, a lot of them know exactly what they want out of life already. And it’s just like amazing to see such young people wanting to have a go in our community and help.

And like with the teachers that worked in my group with my school, I don’t just see them as teachers anymore, they are like friends. Everyone in my group sort of bonded and it’s just really good because I made new friends and met new people and yeah.

*names have been changed